



St. Charles Parish School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	FEBRUARY HARVEST OF THE MONTH 	1 BLACK HISTORY MONTH Cheeseburger Tator Tots Garden Salad Alternative Entrée(s) Italian Sub	2 GROUND HOG DAY Italian Stromboli (ham,cheese and pepperoni) Marinara Roasted Italian Vegetables Chocolate Chip Cookie Alternative Entrée(s) Chicken Caesar Salad with a Whole Grain Dinner Roll	3 Beefy Nachos with Homemade Cheese Sauce Corn and Rice Bake Alternative Entrée(s) Turkey Ranch Wrap
6 Mini Corn Dogs Macaroni and Cheese Winter Blend Vegetable Dinner Roll	7 Chicken and Cheese Quesadilla Cilantro Lime Rice Fresh Fruit Cup	8 Turkey and Gravy Mashed Potatoes Carrot Coins Dinner Roll	9 Toasted Grilled Cheese Tomato Soup Broccoli Salad	10 French Bread Pizza (with Meat) Tossed Salad Mango Sampling
Alternative Entrée(s) Confetti Ham Pasta Salad	Alternative Entrée(s) Taco Salad	Alternative Entrée(s) Ham and Cheese Pinwheels	Alternative Entrée(s) Crispy Chicken Wrap	Alternative Entrée(s) Chicken Fajita Salad with a Dinner Roll
13 Chicken Nuggets Barley Bake Pilaf Green Beans Whole Wheat Bread	14 VALENTINE'S DAY Sloppy Joe Sweet Potato Puffs Apple Waldorf Salad Heart Shaped Cookie	15 Pizza Parlor Pizza Popeye Spinach Salad	16 Chicken Fajitas Mexican Rice Cinnamon Churro	17 Stadium Hot Dog Kettle Chips Baked Beans
Alternative Entrée(s) Beef Barley Sew with Whole Wheat Bread	Alternative Entrée(s) Italian Sub	Alternative Entrée(s) Honey Mustard Ham Wrap	Alternative Entrée(s) Turkey Sub	Alternative Entrée(s) Chef Salad with a Dinner Roll
20 PRESIDENTS DAY Breakfast Stackers (pancakes and sausage) Scrambled Eggs Breakfast Potatoes Cinnamon Apples	21 FAT TUESDAY/MARDI GRAS Salisbury Steak Mashed Potatoes and Gravy Dinner Roll Birthday Cake	22 ASH WEDNESDAY Fish Nuggets Baked Potato Wedges Creamy Coleslaw Whole Wheat Bread	23 Popcorn Chicken with Tso Sauce Lo Mein Noodles Oriental Veggies with Bok Choy Fortune Cookie	24 No School
Alternative Entrée(s) Turkey Bit Salad	Alternative Entrée(s) Crispy Cajun Chicken Sandwich	Alternative Entrée(s) Yogurt Pack with Cinnamon Apple Muffin	Alternative Entrée(s) Ham and Pepperoni Melt	
27 No School	28 Spaghetti and Meat Sauce Italian Salad Garlic Bread	29 LEAP DAY Soft Shell Beef Tacos Corn and Rice Bake Refried Beans	 FRUIT & VEGETABLE BAR Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.	<div style="border: 2px solid purple; padding: 5px; text-align: center;"> Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year. </div>
	Alternative Entrée(s) Turkey Ranch Wrap	Alternative Entrée(s) Turkey & Bacon Melt		

- Prepared From Scratch
- Contains Pork
- Whole Grain Item
- Harvest of the Month

Please join us for Harvest of the Month Sampling on February 10th.

Special Mardi Gras Menu on February 21. Chicken will be a regular crispy chicken sandwich with a cajun sauce on the side.

Turkey & Bacon Melt:
Sliced Turkey and Crispy Baked on French Bread with Mozzarella Cheese



Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.

Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.

LUNCH PRICES

Student	\$2.40
Reduced	\$0.40
Additional Milk	\$0.35
Adult	\$3.30
Extra Entrée	\$1.50

For additional information, contact:
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Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch

Menus are subject to change without notice.