



Don't forget
to eat your
vegetables

St. Charles

December

Lunch

2018

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

MONDAY

Chicken Patty on a Bun
or Pretzel Bites w/Cheese
Cubes

Romaine, Baby Carrots,
Peas, Apples, Pineapple
Tidbits

TUESDAY

Meatball Sub w/Marinara
or Ham and Cheese Sub
Carrot Coins

Romaine, Cucumber
Slices, Cherry Tomatoes,
Grapes, Diced

WEDNESDAY

Beef Nachos w/Melted
Cheese & Salsa
or Roasted Hot Dog

Baked Beans
Romaine, Broccoli,
Zucchini, Bananas and
Diced Pears

THURSDAY

HOM - Cranberries
Roast Turkey w/Gravy
or Deli Sub
Mashed Potatoes
Cranberry Sauce
Romaine, Diced Green
Red Pepper Mix, Celery
Sticks, Orange Wedges,
Applesauce

FRIDAY

Homemade Cheese Pizza
or Homemade Pepperoni
Pizza

A variety of fruits and
vegetables are offered
daily on our FV Bar

Cheeseburger on a Bun
or BBQ Riblet Sandwich
Wedge Potatoes

Romaine, Cherry
Tomatoes, Cauliflower,
Orange Wedges, Diced
Peaches

Pasta w/Meat Sauce &
Garlic Bread or BBQ
Chicken on a Bun

Romaine, Baby Carrots,
Snap Peas, Cubed
Cantaloupe, Apple Slices

Walking Beef Tacos
w/Lettuce, Tomato & Salsa
or Golden Corn Dog
Refried Beans
Romaine, Cucumber
Slices, Green/Red Pepper
Mix, Banana, Juice Cups

Macaroni & Cheese
or Sloppy Joe on a Bun

Romaine, Radishes,
Celery Sticks, Orange
Wedges, Diced Pears

Cheesy Italian Flatbread
or
Sausage Italian Flatbread

A variety of fruits and
vegetables are offered
daily on our FV Bar

HOM - Apples
Chicken Nuggets w/BBQ
Sauce or Hamburger
French Fries

Romaine, Baby Carrots,
Peas, Apples,
Diced Pears

New item **
Chicken Parmesan
Sandwich or
Sausage Stromboli

Romaine, Cucumber,
Cherry Tomatoes, Fresh
Pineapple, Apples

Chicken Enchilada Bake
or Taco Salad
Refried Beans
Salsa
Romaine, Broccoli,
Zucchini, Bananas,
Applesauce

New Item***
Meatloaf w/Gravy
or Mozzarella Dippers
w/Marinara
Mashed Potatoes
Romaine, Green & Red
Pepper Mix, Celery Sticks,
Orange Wedges,

1/2 Day

No Lunch

No School

Merry Christmas

No School

No School

No School

New Year's Eve

All menus meeting Federal
Nutritional requirements.
Menus are subject to
change but will always
meet these requirements.

In accordance with
federal civil rights laws,
the USDA programs are
prohibited from
discrimination based on
race, color, national
origin, sex, disability or
age.

Prices

Lunch	\$3.25
Milk	\$.05
Extra Entree	\$1.75

Contacts

If you have questions or comments, please
call Chef Brian at 414-442-5854.

Got Milk?

Milk choice of 1% White, Skim or Chocolate

